

Middle School Lunch Menu November 2023

Meal Price:

Paid: \$3.50

Adult Lunch Meal: \$5.09+tax

More Info...

Daily Milk Offerings: 1% White, Fat Free White, Fat Free Chocolate (all antibiotic & hormone free)

Daily Fruit Offerings: Apple, Orange, Banana, 100% Apple Juice or 100% Fruit Punch

Daily Vegetable Offerings: Baby Carrots & Celery Sticks

Available Daily:

- Boar's Head Deli Sandwich **V**
- Grilled Cheese Sandwich on WG Bread **V**
- Bagel Meal: Fresh NY-Style Bagel w/ 2 Cheese Sticks OR Yogurt **V**
- Chicken Nuggets*
- Cheese Pizza **V**
- Pepperoni (P) Pizza

Please Note: (WG) denotes whole grain, (P) denotes item may contain pork, **V** denotes Vegetarian option, (*) denotes item offered with WG dinner roll(s)

All deli sandwiches made with Boar's Head meats

Grades K-12 are offer vs serve and must choose at least 3, up to 5, of the below mentioned items. One of the choices must be a fruit or vegetable.

-Meat/Meat Alternate

-Vegetable

-Whole Grain Item

-Fruit

-Milk

Limited Time Offer
Spicy Tzatziki Beef Gyro
13th thru 17th

Made to order
Salad Bar
available every
Tuesday and
Thursday!

1
Chicken Meatball Sub
Broccoli
Fruit of the Day
Milk of the Day

2
Hamburger or
Cheeseburger on WG
Bun
Chickpea Salad
Fruit of the Day
Milk of the Day

3
National Sandwich Day
Warrior Chicken
Sandwich w/ Signature
Sauce
Waffle Fries
Fruit of the Day
Milk of the Day

6
Baked Ziti with Garlic
Bread
Cucumber Coins
Fruit of the Day
Milk of the Day

7
No School
Election Day



8
Pepperoni (P) or Cheese
Calzone
Roasted Zucchini
Fruit of the Day
Milk of the Day

9
Chicken or Cheese
Quesadilla on WG Tortilla
Yellow Rice
Black Beans
Fruit of the Day
Milk of the Day

10
No School
Veterans Day



13
Pizza Crunchers
Grape Tomatoes
Fruit of the Day
Milk of the Day

14
BBQ Chicken & Cheddar
Calzone
Cucumber Coins
Fruit of the Day
Milk of the Day

15
Mac & Cheese*
Steamed Spinach
Fruit of the Day
Milk of the Day

16
Pepper Jack Cheeseburger
Waffle Fries
Chickpea Salad
Fruit of the Day
Milk of the Day

17
Chicken Meatball Sub
Broccoli
Fruit of the Day
Milk of the Day

20
Warrior Chicken
Sandwich w/ Signature
Sauce
Waffle Fries
Fruit of the Day
Milk of the Day

21
Walking Taco Tuesday
Soft or Crunchy Beef
Taco's w/ all the sides
Yellow Rice
Black Beans
Fruit of the Day
Milk of the Day

22
Philly Cheesesteak on
WG Sub
Waffle Fries
Spinach Salad
Fruit of the Day
Milk of the Day

23
No School
Thanksgiving
Recess



24
No School
Thanksgiving
Recess



27
Chicken Parmesan
Red Pepper Strips
Fruit of the Day
Milk of the Day

28
National French Toast Day
French Toast with Syrup
and Sausage (P)
Cucumber Coins
Fruit of the Day
Milk of the Day

29
Pepperoni (P) or Cheese
Calzone
Garden Salad
Fruit of the Day
Milk of the Day

30
Pizza Crunchers
Red Pepper Strips
Fruit of the Day
Milk of the Day

